

DALZIEL RUGBY CLUB

Ground: Dalziel Park Sportsfields.
Hagen Drive,
Carfin, Motherwell.
ML1 5RZ

Telephone: Pavilion 01698-862918



Please reply to:

The Secretary
Dalziel Rugby Club
1 Herald Grove
North Lodge
Motherwell
ML1 2SL

Web: www.dalzielrugby.com
Email: secretary@dalzielrugby.com
Mobile: 07720315228

Player code

- Take training seriously – In order to play rugby safely you must develop the skills needed and know the laws of the game. Always turn up for training and matches on time with all the kit you need. This is your responsibility not your parents.
- If you're doing contact you must wear a gumshield.
- Always play within the laws of the game and embrace Rugby Ethos of fair and friendly play.
- Play with and for your teammates. Don't abuse teammates if they make a mistake.
- Never argue with referees or match officials, their decision is final.
- Do not get involved in foul play.
- Never show off or lose your temper. Swearing and abusive language is unacceptable.
- Aim to win but be prepared to lose with a grin.
- Acknowledge good play by both teammates and opposition players.
- Celebrations for scoring and/or winning should be reserved and controlled. They should not be at the expense of the opponents' errors.
- Try to improve your skills every time you play.
- Show respect to your teammates, opponents, spectators, coaches and officials!
- Accept the coach's decisions about team selection and tactics with good grace.
- Play for fun – Enjoy your rugby.

The club holds the right to ban any player, parent or coach from club activities, including training, if their behaviour falls short of acceptable standards.

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Parent and spectators code

The environment that the game is played in has a massive influence on the player. Parents are the single biggest influence in this, and therefore we value them and the positive role that they can play in developing the young player.

- Provide an environment where you praise effort and reinforce commitment. This encouragement should also extend to the opposition, when the occasion arises. The general tone and inflection of the voice should not be aggressive, violent or confrontational. Never abuse any child including your own.
- Show respect for officials, direct comments should not be made to them during the game.
- Please remember the coaches and referees are volunteers and should not be harangued even if you think they are wrong. Accept the coach's decisions about team selection and tactics with good grace, please support the coach.
- Remember that the game is about more than the result. It's not a world cup final it's a game of youth rugby so 'don't lose the plot!' If in the opinion of the match official or the coach your behaviour is unacceptable you can be asked to leave the touchline. This applies home or away.
- Help self police your own squad. If one of our parents or coaches has 'lost it' please help calm things down.
- Make sure your child is as proud of your touchline behavior and don't get involved in arguments with opponents.
- If you feel other clubs players and parents are behaving badly please report it to the coaches so that the club can officially deal with it.
- Never under any circumstances enter the field of play.
- Do not enter changing rooms when players are getting ready.
- Mix with other parents, especially after the game. Support the rugby club as a vibrant community that is trying to provide many people with the opportunity to play and develop through sport.

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Leaders code

- Safety is of paramount importance
- All leaders should adhere to the standards expected of a club official and set an example at all times to players and other leaders.
- Leaders should arrive on time and well prepared prior to their session.
- They should be highly motivated, encouraging and fun-orientated.
- All persons involved in the training, instruction, practice and further coaching of rugby players must be properly qualified.
- Leaders should ensure that all players are given every opportunity to participate, irrespective of size, age or ability. Coaches should show no favouritism in team selection.
- Personal appearance is an individual decision, but should reach the standards expected of a club official.
- Leaders should ensure that their players are participating safely and in an environment that is conducive to good instruction.
- No game is ever important enough to play an injured player. This is particularly the case if a player is concussed. Coaches must follow SRU guidelines on head injuries.
- Leaders should encourage fair play and sportsmanship. Players should not feel extreme pressure to win from competitive adults. Leaders should guard young players from excessive demands and responsibilities.
- Excessive celebrations by players for scoring and winning should be discouraged. Players must not be allowed to taunt opponents or spectators.
- Leaders should refrain from smoking when coaching.
- Leaders should not drink alcohol or smell of alcohol when coaching.
- Leaders should avoid working on their own with an individual player without the presence of another leader or parent. Leaders should always consider working in pairs or in close proximity to another leader.
- Leaders should always seek the knowledge and agreement of parents/guardians before transporting players in their own vehicles.
- It is the responsibility of the coaches to self police your own squad. If one of our parents or coaches has 'lost it' please help calm things down.

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